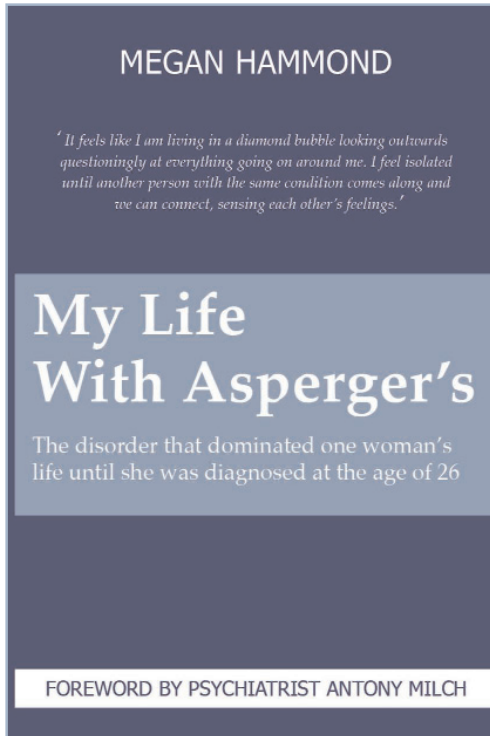


My Life With Aspergers

By Megan Hammond



Asperger's syndrome is one of the most common autistic spectrum disorders which have now been identified in one in every 100 people – 1% of the population! Despite this, relatively little is commonly known about the illness, making it difficult for those with it to understand the world around them and be understood in return.

The social impairment and resulting confusion for those with aspergers has been likened to being in a new culture where language is familiar but subtle expressions, body language and nuances are unknown – the sort of social cues that we all take for granted.

Not properly diagnosed until the age of 26, Megan Hammond struggled through her schooling, her learning difficulties and reclusive nature never recognised as anything different to others who were shy or less academic.

Difficulties with social interaction led to her becoming quite reclusive and following her schooling, she constantly battled with frustrated employers, unsympathetic lovers and a health system that didn't full comprehend her.

Her diagnosis changed her world completely, with a tag to place on her condition providing relief, greater confidence and a way to explain to the world around her why she is different.

In an effort to provide advice and support for others with aspergers and their families, Megan has now told her story in a painfully honest account in the hope of that taking us inside her world will bring greater understanding and tolerance from the broader community.

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